OUTBACK
STEAKHOUSE®

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

MENU ITEMS VARY BY LOCATION AND ARE SUBJECT TO CHANGE.

ALL SOFT DRINKS, DISTILLED SPIRITS AND WINES ARE GLUTEN-FREE.

Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.
FDA regulations defines "gluten-free" as containing less than 20 ppm gluten. It is possible that some individuals may be sensitive to levels below this amount. If you have any concerns pertaining to those levels, please consult your healthcare provider.

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS OR DEATH, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.
-Item contains or may contain nuts.


## NO RULES <br> JUST RIGHT 2 ?

## GLUTEN-FREE MENU

## AUSSIE-TIZERS

## GRILLED SHRIMP ON THE BARBIE

seasoned / grilled / garlic toast / classic rémoulade sauce (400 Calories) (served without garlic toast)

BIG BOWL SALADS<br>GLUTEN-FREE SALADS PREPARED WITHOUT CROUTONS<br>AUSSIE COBB SALAD<br>mixed greens / tomatoes / bacon / Monterey Jack / Cheddar / chopped hard-boiled eggs / grilled chicken / choice of gluten-free dressing (340-740 Calories)<br>BRISBANE CAESAR SALAD<br>crisp romaine lettuce / Caesar dressing / choice of grilled chicken or shrimp (480 Calories)

## GLUTEN-FREE DRESSINGS

bLUE Cheese vinaigrette (150/300 Calories) RANCH (200/390 Calories)
CAESAR (220/450 Calories)
HONEY MUSTARD (220/430 Calories)
TANGY TOMATO (60/120 Calories)
CREAMY BLUE CHEESE (220/440 Calories)
LIGHT BALSAMIC VINAIGRETTE (70/140 Calories) MUSTARD VINAIGRETTE (230/470 Calories) RASPBERRY VINAIGRETTE (200/410 Calories)

## SO MANY WAYS TO STEAK

 CHOCCE OF STEAKHOOSS P POTATO AND ONE SIDEVICTORIA'S BARREL-CUT FILET MIGNON*
(380-530 Calories)
OUTBACK CENTER-CUT SIRLOIN*
(370-600 Calories)
RIBEYE* (970 Calories)
CLASSIC PRIME RIB* based on availability (1140/1520 Calories) (served without au jus)
OUTBACK-STYLE PRIME RIB* based on availability (1440/1810 Calories) (served without au jus)

MELBOURNE PORTERHOUSE* (660 Calories)
BONE-IN RIBEYE* (910 Calories)
BONE-IN NEW YORK STRIP* (1090 Calories)

## PLUS IT UP

ADD ON A TOPPING TO ENHANCE YOUR JUICY STEAK
GRILLED ONIONS ( 100 Calories)
ROASTED GARLIC BUTTER (160 Calories)
GRILLED SHRIMP (280 Calories)
(served without garlic toast)
STEAMED LOBSTER TAIL
based on availability (360 Calories)

## STEAK 'N MATE COMBOS <br> ChOICE OF STEAKHOUSE POTATO AND ONE SIDE

SIRLOIN* \& GRILLED SHRIMP (780/860 Calories)
(served without garlic toast)
SIRLOIN* \& RIBS (1080/1170 Calories)
SIRLOIN* \& GRILLED CHICKEN (600/690 Calories)
SIRLOIN* \& ALICE SPRINGS CHICKEN ${ }^{\circledR}$ (880/960 Calories)
RIBEYE* \& GRILLED SHRIMP (1380 Calories)
(served without garlic toast)
FILET MIGNON* \& LOBSTER (730 Calories)

## MORE DOWN UNDER FAVES

CHOICE OF TWO SIDES

## gRilled Chicken on the barbie

seasoned / grilled / signature BBQ sauce (410 Calories)

## ALICE SPRINGS CHICKEN ${ }^{\circledR}$

grilled chicken breast / sautéed mushrooms / crisp bacon /
Monterey Jack / Cheddar / honey mustard sauce (780 Calories)
OUTBACK RIBS
smoked / brushed / grilled / tangy BBQ sauce (720-1430 Calories)

FROM THE SEA choice of two sides
PERFECTLY GRILLED SALMON*
seasoned and grilled / classic rémoulade sauce (550 Calories)
LOBSTER TAILS based on availability
two cold water tails / perfectly steamed and tender (490 Calories)
GRILLED SHRIMP ON THE BARBIE ENTRÉE generous portion / special blend of herbs and spices / grilled / classic rémoulade sauce ( 550 Calories) (order without seasoned rice)

## STEAKHOUSE POTATOES \& SIDES

HOMESTYLE MASHED POTATOES (230 Calories)
BAKED POTATO (340 Calories)
sour cream / butter / bacon / Monterey / Cheddar / chives
SWEET POTATO (250 Calories) honey butter / brown sugar
FRESH SEASONAL VEGGIE (110-130 Calories)
FRESH MIXED VEGGIES (70 Calories)
ASPARAGUS (40 Calories)
TASMANIAN CHILI (200 Calories)
HOUSE SALAD (180-410 Calories) made without croutons / choice of gluten-free dressing
CAESAR SALAD (260 Calories)
made without croutons / Caesar dressing

SWEET FINISH (FOR YOU OR THE TABLE)
CHOCOLATE THUNDER FROM DOWN UNDER®® extra-generous pecan brownie / rich vanilla ice cream / warm chocolate sauce / chocolate shavings / whipped cream ( 800 Calories)

